

School's Out. Safety's Still In.

Even with students gone for summer, there is still plenty of work to be done in and around school buildings. Below are several safety tips for employees responsible for end-of-year cleaning and maintenance activities:

- Ensure that staff members wear high traction footwear or non-slip shoe covers to avoid slips and falls when stripping and waxing floors.
- Remind employees of safe lifting procedures. These are especially important when moving heavy boxes and classroom furniture.
- Make sure that precautions are taken as employees navigate obstructed hallways. Objects should be stacked properly and removed from the flow of traffic as much as possible. Cluttered walkways can present a serious hazard.



Beware of Heat Stress



As hot weather settles in, employees who work outdoors or in buildings where heat exposure can be a problem should take extra precautions. Body temperature and heart rate can rise quickly, with potentially dangerous consequences. Heat stroke is just one of many dangerous conditions which can lead to heart attacks, falls or equipment accidents.

Preventing Slips, Trips and Falls: Office & Admin Staff

For the balance of 2010, CAS will be emphasizing ways to help you minimize the occurrence of the most common injury causes - slips, trips and falls. Below are just a few guidelines for your administrative and office personnel to follow:

- Do not attempt to carry too much at one time. This can cause both back strain and loss of balance.
- Ensure that teachers use sturdy ladders or step stools when removing items from classroom walls or storing materials on shelves in classrooms.
- Storage of textbooks and other materials should not block halls or other walkways.
- Staff should take their time when cleaning offices and rooms. Working rapidly can sometimes lead to a misstep that can lead to injury.
- Watch for slippery surfaces, especially wet floors that are being cleaned.

